On the weekend of the 15th, 16th and 17th September the annual 24 hour pedal prix race was held at Murray Bridge. This race is a race of endurance, both for the riders and for the cars, as both of these parties are attempting to function for 24 hours straight.

Xavier College had three teams competing, each team consisting of eight riders. The three cars were called 

**CUL8R** (Charlotte Berrill, Jenna Farrell, Matthew Fiebig, James Rollison, Scott Kondraciuk, Jake Sandell, Zachary Jamieson, Gill Fraser),

**XLR8** (the senior car, manned by seven year 11s; Cameron Roberts, Shane Farrell, Leo Shackley, Mark Harris, Eric Steeves, Jason Ryan, Adam Newton, and one year 10; Khye Nelson) and

**2FAST4U** (Rhiannon Cannard, Jamie Collins, Rhys Oxenham, Thomas Harris, Tyler Jenke, Kieran Meaney, Christopher Sheath and Troy Sorensen).

The riders all rode really well, considering what a challenge the weekend was and there were no serious injuries in any of the teams. The cars all came out of the weekend intact as well, apart from CUL8R which was rolled Sunday morning. This damaged the car which made it extremely hard to pedal. Although the final placings have yet to be determined due to a computer malfunction, the three teams were in the following positions on Sunday morning:

- **XLR8:** 17th place out of 69 entries in it’s class, completing 675kms
- **CUL8R:** 24th place out of 65 entries in it’s class, completing 620kms
- **2FAST4U:** 28th place out of 65 entries in it’s class, completing 620kms

Overall 220 teams competed over the 24 hour period with over 2,500 riders in total.

Thank you to our generous sponsors CD’s Concrete Pumping, Fairmont Homes, CBS Bins, Signcraft, Daking Welding and Fabricators, Kolecki Brothers, Dave Jack Paving and Landscaping, Healthy Moves, Adelaide Grande Plaster Products, TF Electrical Services, Piccadilly Waters, Virgara Fruit and Veg, Land SA, Hallett Concrete, BGC Plasterboard, AGI Insulation and Gawler Carpets.

A huge thank you has to go to all of the parents who assisted on the weekend, setting up, feeding us and transporting gear among other duties. Mr Gasser and his class were also kind enough to provide cakes and drinks for the team. Special thanks also to Mrs Stacey and Mr and Mrs Fiebig, for the outstanding support for the squad. Finally, a gigantic thank you to all the teachers who assisted with the team, building and maintaining the cars throughout the year, supporting the team and a million other different things, especially Mr Roberts, Mr Steele and Mr Bockelberg.

Charlotte Berrill
From the Principal

Circle of Life

Our community has been confronted with the death of two high profile Australian celebrities in Peter Brock and Steve Irwin. The deaths of these larger than life characters have gained significant media attention and presented students with a sense of loss. Over recent weeks a number of students have also experienced the loss of a grandparent. For many these are people who have always been present and seemingly will always be there – it can come as a significant shock when they discover that this isn’t the way life is. I have included a few reflections from Michael Grose, who produces the publication ‘Parenting Ideas’.

‘Deaths offer opportunities and challenges for parents. Your job is to help kids deal with death. Talk about it but don’t dwell on it. Take your cue from your kids. You know them best and this will help you know them better.

Allow then to mourn it and let them know it is okay to be sad. As a community we don’t do sadness all that well. If we don’t acknowledge sadness then it often comes out as anger or even fear.

Kids often want to do something to express their sadness. That’s why they like to write cards or letters or write their own eulogy in a journal. Others will search out memorabilia that is significant to them.

Reassure kids that Irwin’s and Brock’s deaths were one-off events but be realistic about them. Yes people do die but the death happened to Brock and Irwin because both were involved in high risk activities. Let them know that it may not necessarily happen to them, their father, mother or anyone else close to them. Kids may be scared because an indestructible icon has died. They weren’t supposed to die. Of course, they are not indestructible. They are human like the rest of us. Kids can cope with death if handled well. They generally move on quickly but be sensitive to the fact that it may affect them just a little. “

I would also draw parents’ attention to the edition of Xavier News dated May 11, 2006, which included an excellent article ‘Grief and Young People’ written by well known clinical psychologist Andrew Fuller. This article included some valuable advice about what parents can do to assist their children. If you have not kept a copy it is available online at the Xavier College website. A hard copy can also be made available if you phone the College.

On the same note it is also worth talking with young people about the wonder of the commencement of a new circle of life. Draw their attention to the reality that there are a number of students at Xavier who have recently experienced the birth of a younger sibling. Staff members Melissa Pham and Mark Hawkins have both become proud parents over the course of this year, with Mr Hawkins’ beautiful baby daughter D’arby Jane having arrived in the last two weeks. On a personal note, I am acutely aware of the wonder of the commencement of a new life having been fortunate to share in the arrival of my first grandchild, Jake Matthew, who was born only last Friday.

To appreciate the wonder and beauty of life itself, in part, it is necessary to understand the fragility and finite nature of our existence. I also draw some solace from the following words:

“Life does not guarantee that we will always be together, only that once we have met we will always know of each other” Anonymous.

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Polding House Profiles

House Leader

Melissa Barker Senior House Leader
Age: 17
Interests: Netball, music, shopping, sport.

Why did you want to be a House Leader? To get to know people from other year levels better.

What is the best/worst thing about being a house leader? Best - being able to interact with more people. Worst - Year 12 jumpers.

What do you love the most about being a student at Xavier College? I love that when you get to senior years you become friends with the teacher.

What do you want to do when you leave school? Study human movement at university.

What is your favourite subject and why? P.E. because you can do practical and the theory is interesting.

What word or phrase describes you best? Gullible.

Teacher

Gareth Watson - Director of Religious Education and Culture
Age: 37
Interests: Liturgical music, North Melbourne Football Club.

Why did you want to be a teacher? I wanted to share love for music with young people and I enjoy working with young people.

What is the best/worst thing about being a teacher at Xavier? Best - the Salesian ethos of the College.

What do you love the most about being a staff member at Xavier College? Friendships formed between staff.

Did you ever consider not being a teacher? If so, what were you going to do? I was going to go into printing.

What is your favourite subject to teach and why? Religion, because it brings opportunities for students to access a different element of their life.

What word or phrase describes you best? Friendly.

What are the biggest differences in schools now compared to when you were a student? A lot more external pressures on students.
Nathan chosen for National Championships

Congratulations to Nathan Farrell for being selected to play Soccer in the Under 14 team for South Australia.

Nathan will be heading off to Coffs Harbour, NSW at the end of this term and we wish him all the best.

Have you ever wondered about where God is leading you? Has the thought of becoming a Priest ever crossed your mind?

Hang on to the idea. Allow God to help you understand whether you will be called to Priesthood in the future.

If you would like to know more about Priesthood, contact Fr Dean Marin, on 8210 8244 (Tuesdays) or by email: vocations@adelaide.catholic.org.au

Our Inquirer’s Mass for anyone interested in the Priesthood is held on the 1st Friday, of each month at 7.30 pm at St Raphael’s Church, 21 Young Street, Parkside

R.I.P.

Our deepest sympathy is extended to Shamika (Year 10) and Kailan (Year 9) Moore on the recent loss of their Grandfather. Our thoughts and prayers are with the Moore family.

Our deepest sympathy is extended to Kristopher Wilkes (Year 10) and Mitchell Brimage (Year 9) on the recent loss of their Grandfather. Our thoughts and prayers are with the Wilkes/Brimage family.

Catholics Returning Home Program

A FREE six-week support program assisting Catholics to return to the active practice of their faith.

ALL WELCOME

Commencing on Monday 23 Oct 2006 7.30pm to 9.00pm
At The Parish House
Sts Peter and Paul’s Catholic Church
1 Parnell Square, Gawler

Registration and Information:
Steve & Ros Hofmeyer - 8524 5049
Jim & Loreto Hewitt - 8524 5621
Colleen Mann - 8522 2605
Phil Kaddatz - 8524 4355

Flyers available from Xavier College Front Office.

Vision: To provide young people the opportunity to move ahead – to move from the old to the new with some degree of confidence and knowledge and to be ready for entry into the workplace.

Project Outline: A program which will assist those with insecure job and education prospects by giving them a competitive edge, will be run over 4 days in October. It will be delivered to 15-18 participants, drawn from high schools & organisations in the northern Adelaide area.

The course will give participants the opportunity to move ahead by:
1. Revisiting and extending their knowledge of workplace ethics, attitudes and protocols;
2. Relaying the finer arts of conversation, communication and etiquette;
3. Assisting participants to increase self-esteem and confidence, and establishing necessary support and mentoring networks.

Length & Schedule: 4 training days - 9am to 4pm, 3-6th October 2006 OR 9-12th October 2006; Graduation – Tues 24th October 2006

Training Delivery: GREET Inc Coordinator + Sessional Trainers

Other Information: Three separate TOYS programs will be held this year – one in July, and two in the October holidays – all programs will involve a 4-5 day workshop. All participants will need to complete a consent form and have this returned to GREET Inc, as well as the school having completed and returned an ICAN Participant’s Entry Form. Dependent upon space and room availability the TOYS program will be held in the Conference Room of TAFE's, Gawler Campus. The course is FREE and will include all stationery requirements and a sit-down lunch on the last day.

All participants will need to bring drinks and lunch for each day {except the last, when lunch will be provided}. Participants will be required to come neatly dressed. Transport to and from the course will need to be arranged by the participants themselves.

Congratulations

The College community extends their congratulations to our Principal, Mr Lynn Martin, on the birth of his first grandchild Jake, born 15th September. All doing well.

Kentish Road, Gawler Belt

Telephone: (08) 85 230088
**Defence Force Recruiting**

Attention all Xavier College Students (Especially -Year 10, 11 and 12)

Are you interested in applying for an Apprenticeship in the Army, Navy or Airforce?

Are you interested in applying for University at ADFA? (Australian Defence Force Academy)

Are you interested in joining the Army, Navy or Airforce when you leave school.

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**Weekly Celebration of the Eucharist**

Every Tuesday morning at 8.10am Fr. Germano Baiguini will say a morning Mass in the Xavier Chapel. Students and staff are invited to join the thousands of Catholics around the world who begin their day by spending some time in prayer and celebrating the Eucharist together before they go off to school, work,... etc.

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**Uniform Shop**

During the school holidays the Uniform Shop will be open on Friday 13 October from 9am to 1pm.

For uniform enquiries please phone 8521 4547 and leave a short message.

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**Gawler Little Athletics Centre**

**Come and Try & Registration Day**

Who: Children aged 3 (on 1st October, 2006) – 17 years (on the 30th September, 2007)

A parent or guardian must accompany their athlete/s.

Where: Xavier College, Kentish Road Gawler Belt

When: Sunday 24th September 9:00 am – 12:00 noon

Cost: $4 (will be deducted from registration fee if you join)

For more information contact: Wendy Stimson 8523 1176
Alison Hill 8522 1893
Mick Lamke 8522 4184

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**Australian Red Cross**

**First Aid Courses**

*October and December 2006 School Holidays*

**Baby Sitting Course**

This course is part of the Red Cross First Aid program and is designed to teach young people, 15 years and over, the skills and knowledge needed when caring for children. This invaluable course covers essential first aid, safety and care of babies/young children, ideas for meals, snacks and activities for children and babysitter’s responsibilities and safety tips.

Each participant receives a Statement of Attendance in Essential First Aid as well as a Baby Sitting Course Statement of Attendance after completion of the course, which are great references for students wanting to get part-time babysitting work.

The course runs over two days, Monday and Tuesday October 9-10 or December 18-19 from 9am to 4pm, at the Red Cross Training Centre, 229 Marion Road, Marleston. The course costs just $75.50 (including GST), which includes *First Aid Notes* and the *Baby Sitting Starter Kit*.

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**Senior First Aid Course**

This course (for anyone over 14 yrs of age) teaches the fundamental principles, knowledge and skills of first aid to enable you to give competent emergency care until professional assistance is available. This course meets the requirements of employers, Federal and State Government Departments and Statutory Authorities. On completion of formal assessment at the end of the course, participants receive a Senior First Aid Certificate.

The course is run over 3 days, Wednesday, Thursday and Friday October 4-5-6 from 9am to 4pm at the Red Cross Training Centre, 229 Marion Road, Marleston. The special cost of the course for school students is $80.00 (inc. GST), which includes *First Aid Notes*.

There is no canteen at our training centre, but the Boardroom Baguettes Company calls daily at 10.30am for morning tea and 12.15pm for lunch. Cool drinks, tea and coffee are also available.

If any students would like to enroll for either of these enjoyable and practical courses, they can call our Training Department on 1300 367 428 or 8293 9200 for enrolment details.

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“a school of the future in the present”